



# K-8 Cold Breakfast

January 2025

Monday Tuesday Wednesday Thursday Friday

Monday, December 30 | Tuesday, December 31 | Wednesday, January 1 | Thursday, January 2 | Friday, January 3

## Winter Break

|   |   |   |   |  |
|---|---|---|---|--|
| <u>Monday, January 6</u><br>Cereal - 8 fl oz<br>Applesauce - 4 fl oz                              | <u>Tuesday, January 7</u><br>WG Zucchini Bread - 2 ea<br>Apple Slices - 4 slices      | <u>Wednesday, January 8</u><br>WG English Muffin -1 ea<br>Sunbutter - 2 Tbsp<br>Pear Slices- 4 slices             | <u>Thursday, January 9</u><br>WG Pumpkin Bread - 1 ea<br>Melon - 4 fl oz                              | <u>Friday, January 10</u><br>Cereal - 8 fl oz<br>String Cheese - 1 ea<br>Fruit Salad CHP - 4 fl oz |
| <u>Monday, January 13</u><br>Cereal - 8 fl oz<br>Applesauce - 4 fl oz                             | <u>Tuesday, January 14</u><br>WG Cinnamon Muffin - 1 ea<br>Appleberry sauce - 4 fl oz | <u>Wednesday, January 15</u><br>Strawberry GrowYo - 4 fl oz<br>Granola Crumble - 3 fl oz<br>Pear Slices- 4 slices | <u>Thursday, January 16</u><br>Carrot Bread - 2 ea<br>Melon - 4 fl oz                                 | <u>Friday, January 17</u><br>Cereal - 8 fl oz<br>String Cheese - 1 ea<br>Apple Slices - 4 slices   |
| <u>Monday, January 20</u><br>Cereal - 8 fl oz<br>String Cheese - 1 ea<br>Orange Slices - 4 slices | <u>Tuesday, January 21</u><br>WG Apple Bread - 2 ea<br>Pear Slices - 4 ea             | <u>Wednesday, January 22</u><br>WG English Muffin -1 ea<br>Sunbutter - 2 Tbsp<br>Apple Slices - 4 slices          | <u>Thursday, January 23</u><br>Chococrisp Growbar - 1 ea<br>Melon - 4 fl oz                           | <u>Friday, January 24</u><br>Cereal - 8 fl oz<br>Melon - 4 fl oz                                   |
| <u>Monday, January 27</u><br>Cereal - 8 fl oz<br>Applesauce - 4 fl oz                             | <u>Tuesday, January 28</u><br>Apple Oat Growbar - 1 ea<br>Apple Slices - 4 slices     | <u>Wednesday, January 29</u><br>Banana Bread - 2 ea<br>Orange Slices - 4 slices                                   | <u>Thursday, January 30</u><br>Peach GrowYo - 4 fl oz<br>Granola Crumble - 3 fl oz<br>Melon - 4 fl oz | <u>Friday, January 31</u><br>Cereal - 8 fl oz<br>String Cheese - 1 ea<br>Melon - 4 fl oz           |

WG = Whole Grain  
CHP = Cantaloupe, Honeydew, Pineapple

\*We are an equal opportunity employer  
\*\*Two types of milk are offered with each meal





# K-8 Hot Lunch

January 2025

## Monday Tuesday Wednesday Thursday Friday

Monday, December 30 | Tuesday, December 31 | Wednesday, January 1 | Thursday, January 2 | Friday, January 3

### Winter Break

| Monday, January 6   | Tuesday, January 7  | Wednesday, January 8  | Thursday, January 9  | Friday, January 10  |
|---|---|---|--|---|
| WG Chicken Patty<br>Veggie Burger<br>WG Hamburger Bun<br>Celery Sticks - 4 fl oz<br>Chickpeas - 2 fl oz<br>Orange Slices - 4 slices   | WG Penne Pasta (4 fl oz) w/ Marinara Sauce & Shredded Mozzarella Cheese (1.5 oz)<br>Baby Carrots - 4 fl oz<br>Italian Cucumber Salad - 2 fl oz<br>Pear Slices - 4 slices                    | 5-Spice Ground Turkey - 2 oz<br>5-Spice Veggie Crumbles - 2 fl oz<br>Brown Rice - 6 fl oz<br>Squash Medley - 4 fl oz<br>Broccoli Florets - 2 fl oz<br>Applesauce - 4 fl oz<br>(not so) Fried Rice Sauce | WG Cheddar Cheese Quesadilla - 1 ea<br>Sweet Corn - 4 fl oz<br>Red Pepper Strips - 2 fl oz<br>Appleberry Sauce - 4 fl oz   | WG Sunbutter & Jelly Sandwich - 1 ea<br>String Cheese - 1 ea<br>Broccoli Florets - 4 fl oz<br>Italian Cucumber Salad - 2 fl oz<br>Melon - 4 fl oz               |
| Monday, January 13  | Tuesday, January 14   | Wednesday, January 15   | Thursday, January 16   | Friday, January 17  |
| Beef Burger w/ American Cheese<br>Veggie Burger<br>WG Hamburger Bun<br>Baby Carrots - 4 fl oz<br>Pickle Chips - 2 fl oz<br>Orange Slices - 4 slices<br>Ketchup & Mustard Packet         | Kung Pao Chicken - 2 oz<br>Kung Pao Tofu<br>(Not-so) Fried Rice - 6 fl oz<br>Peas - 4 fl oz<br>Edamame - 2 fl oz<br>Pear Slices - 4 slices  | WG Elbow Noodles (6 fl oz) w/ Homemade Cheese Sauce (4 fl oz)<br>Green Beans - 4 fl oz<br>Cherry Tomatoes - 2 fl oz<br>Apple Slices - 4 slices  | Green Pozole w/ Chicken - 8 fl oz<br>Vegetarian GreenPozole<br>Tortilla Chips - 10 ea<br>Cabbage - 4 fl oz<br>Three Bean Salad - 2 fl oz<br>Melon - 4 fl oz                      | Chicken Caesar Wrap - 1 each<br>Tortilla Chips - 5 each<br>Broccoli Florets - 4 fl oz<br>Baby Carrots - 2 fl oz<br>Fruit Salad HP - 4 fl oz                     |
| Monday, January 20  | Tuesday, January 21   | Wednesday, January 22   | Thursday, January 23   | Friday, January 24  |
| Fajita Chicken Thigh - 3 oz<br>Fajita Tofu - 2 slices<br>Spanish Rice - 6 fl oz<br>Baby Carrots - 4 fl oz<br>Seasoned Black Beans - 2 fl oz<br>Applesauce - 4 fl oz<br>Hot Sauce Packet | Beef Hot Dog<br>Veggie Dog<br>WG Hot Dog Bun<br>Corn Salad - 4 fl oz<br>Pickle Chips - 2 fl oz<br>Appleberry Sauce - 4 fl oz<br>Ketchup & Mustard Packet                                    | WG Rotini (6 fl oz) w/ Tomato Cream Sauce & Mozzarella Cheese (1.5oz)<br>Broccoli Florets - 4 fl oz<br>Red Pepper Strips - 2 fl oz<br>Pear Slices - 4 slices  | Scrambled Eggs - 2 fl oz<br>WG Pancake - 2 ea<br>Roasted Potatoes - 4 fl oz<br>Lemony Chickpea Salad - 2 fl oz<br>Melon - 4 fl oz<br>Breakfast Syrup                             | Vanilla GrowYo Cup - 1 ea<br>String Cheese - 1 ea<br>WG Zucchini Bread - 2 ea<br>Cucumber Slices - 4 fl oz<br>Cauliflower - 2 fl oz<br>Fruit Salad HP - 4 fl oz |
| Monday, January 27  | Tuesday, January 28   | Wednesday, January 29   | Thursday, January 30   | Friday, January 31  |
| WG Chicken Patty<br>Veggie Burger<br>WG Hamburger Bun<br>Baby Carrots - 4 fl oz<br>Three Bean Salad - 2 fl oz<br>Orange Slices - 4 slices   | WG Penne Pasta (6 fl oz) w/ Roasted Red Pepper Sauce (3 fl oz) & Shredded Mozzarella Cheese (1.5 oz)<br>Garlic Green Beans - 4 fl oz<br>Cherry Tomatoes - 2 fl oz<br>Pear Slices - 4 slices | WG Breaded Drumsticks - 1 ea<br>Southern Lentils<br>Cornbread - 2 ea<br>Collard Greens - 4 fl oz<br>Seasoned Red Beans - 2 fl oz<br>Applesauce - 4 fl oz<br>BBQ Sauce                                   | Three Bean Chili - 4 fl oz<br>WG Garlic Herb Breadstick - 1 ea<br>Shredded Cheddar Cheese - 0.5 oz<br>Roasted Potatoes - 4 fl oz<br>Cucumber Slices - 2 fl oz<br>Melon - 4 fl oz | Garlic Herb Cheese Pizza - 1 ea<br>Celery Sticks - 4 fl oz<br>Marinara Sauce - 2 fl oz<br>Fruit Salad CP - 4 fl oz  |

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