



**GOURMET  
GORILLA**

Monday

Tuesday

Wednesday

Thursday

Friday

Monday, March 31

Cereal - 8 fl oz  
Applesauce - 4 fl oz

Tuesday, April 1

Strawberry  
Banana Bread - 1 ea  
Orange Slices - 4 ea

Wednesday, April 2

Apple Oat  
Grow Bar - 1 ea  
String Cheese - 1 ea  
Apple Slices - 4 ea

Thursday, April 3

Peach GrowYo - 4 fl oz  
Granola Crumble - 3 fl oz  
Melon - 4 fl oz

Friday, April 4

Cereal - 8 fl oz  
Hard Boiled Egg - 1 ea  
Melon - 4 fl oz

Monday, April 7

Cereal - 8 fl oz  
Orange Slices - 4 ea

Tuesday, April 8

Blueberry Muffin - 1 ea  
Apple Slices - 4 ea

Wednesday, April 9

WG English Muffin - 1 ea  
Sunbutter - 2 Tbsp  
Pear Slices - 4 ea

Thursday, April 10

Apple Bread - 2 ea  
Melon - 4 fl oz

Friday, April 11

Cereal - 8 fl oz  
String Cheese - 1 ea  
Fruit Salad CHP - 4 fl oz

Monday, April 14

Cereal - 8 fl oz  
Orange Slices - 4 ea

Tuesday, April 15

ChocoCrisp  
GrowBar - 1 ea  
Applesauce - 4 fl oz

Wednesday, April 16

Zucchini Bread - 1 ea  
Pear Slices - 4 ea

Thursday, April 17

Vanilla GrowYo - 4 fl oz  
Granola Crumble - 3 fl oz  
Melon - 4 fl oz

Friday, April 18

Cereal - 8 fl oz  
Hard Boiled Egg - 1 ea  
Melon - 4 fl oz

Monday, April 21

Cereal - 8 fl oz  
Applesauce - 4 fl oz

Tuesday, April 22

WG English Muffin - 1 ea  
Sunbutter - 2 Tbsp  
Orange Slices - 4 ea

Wednesday, April 23

Strawberry  
GrowYo - 4 fl oz  
Granola Crumble - 3 fl oz  
Apple Slices - 4 ea

Thursday, April 24

Blueberry Lemon  
Bread - 2 ea  
Pineapple - 4 fl oz

Friday, April 25

Cereal - 4 fl oz  
String Cheese - 1 ea  
Melon - 4 fl oz

Monday, April 28

Cereal - 8 fl oz  
Applesauce - 4 fl oz

Tuesday, April 29

Strawberry  
Banana Bread - 1 ea  
Orange Slices - 4 ea

Wednesday, April 30

Apple Oat  
Grow Bar - 1 ea  
String Cheese - 1 ea  
Apple Slices - 4 ea

Thursday, May 1

Peach GrowYo - 4 fl oz  
Granola Crumble - 3 fl oz  
Melon - 4 fl oz

Friday, May 2

Cereal - 8 fl oz  
Hard Boiled Egg - 1 ea  
Melon - 4 fl oz

WG= Whole Grain  
CHP = Cantaloupe, Honeydew, Pineapple

# K-8 Cold Breakfast



**April 2025**



\*Whole fruit offered with each meal  
\*\*Two types of milk offered with each meal  
\*\*\*This company is an equal opportunity employer

GourmetGorilla.com



**GOURMET  
GORILLA**

Monday

Tuesday

Wednesday

Thursday

Friday

Monday, March 31

Beef Hot Dog  
*Veggie Dog*  
WG Hot Dog Bun  
Baby Carrots - 4 fl oz  
Pickle Chips - 2 fl oz  
Orange Slices - 4 ea  
*Ketchup & Mustard Packet*

Tuesday, April 1

WG Chicken Nuggets - 5 ea  
*GF/DF/EF Veggie Nuggets*  
WG Bread Slice - 1 ea  
Green Beans - 4 fl oz  
Seasoned Black Beans - 2 fl oz  
Apple Slices - 4 ea  
*Ketchup Packet*

Wednesday, April 2

Turkey Tinga Quesadilla - 1 ea  
*Cheddar Quesadilla*  
Sweet Corn - 4 fl oz  
Jicama & Cucumber  
Relish - 2 fl oz  
Pear Slices - 4 ea

Thursday, April 3

Teriyaki Chicken - 2 oz  
*Teriyaki Tofu*  
(Not-so) Fried Rice - 6 fl oz  
Peas & Carrots - 4 fl oz  
Edamame - 2 fl oz  
Melon - 4 fl oz

Friday, April 4

Garlic & Herb  
Cheese Pizza - 1 ea  
Broccoli - 4 fl oz  
Marinara Dip - 2 fl oz  
Fruit Salad CHP - 4 fl oz

Monday, April 7

Crispy Buffalo  
Chicken Patty - 1 ea  
*Veggie Burger*  
WG Hamburger Bun  
Peas - 4 fl oz  
Celery - 2 fl oz  
Applesauce - 4 fl oz

Tuesday, April 8

Jerk Glazed  
Chicken Meatballs - 3 ea  
*Jerk Tofu - 2 slices*  
Arroz Verde - 6 fl oz  
Baby Carrots - 4 fl oz  
Black Beans - 2 fl oz  
Pear Slices - 4 ea

Wednesday, April 9

WG Elbow Noodles - 6 fl oz  
Homemade Cheese Sauce - 4 fl oz  
Broccoli - 4 fl oz  
Cherry Tomatoes - 2 fl oz  
Orange Slices - 4 ea

Thursday, April 10

Red Pozole w/ Chicken - 8 fl oz  
*Vegetarian Red Pozole*  
Tortilla Chips - 10 ea  
Cabbage - 4 fl oz  
Red Pepper Strips - 2 fl oz  
Pineapple - 4 fl oz

Friday, April 11

Red Bean Pasta Salad - 8 fl oz  
Garlic Herb Breadstick - 1 ea  
Broccoli - 4 fl oz  
Melon - 4 fl oz

Monday, April 14

Beef Burger w/ American Cheese  
*Veggie Burger*  
WG Hamburger Bun  
Steamed Carrots - 4 fl oz  
Pickle Chips - 2 fl oz  
Applesauce - 4 fl oz  
*Ketchup & Mustard Packet*

Tuesday, April 15

Adobo Chicken - 2 oz  
*Adobo Tofu - 2 slices*  
Spanish Rice - 6 fl oz  
Corn Salad - 4 fl oz  
Seasoned Black Beans - 2 fl oz  
Pear Slices - 4 ea

Wednesday, April 16

WG Pasta - 6 fl oz  
Tomato Cream Sauce - 3 fl oz  
Mozzarella Cheese - 1.5 oz  
Squash Medley - 4 fl oz  
Cherry Tomatoes - 2 fl oz  
Apple Slices - 4 ea

Thursday, April 17

WG Chicken Nuggets - 5 ea  
*GF/DF/EF Veggie Nuggets*  
WG Bread Slice - 1 ea  
Broccoli - 4 fl oz  
Lemony Chickpea Salad - 2 fl oz  
*Ketchup Packet*

Friday, April 18

Peach GrowYo - 4 fl oz  
String Cheese - 1 ea  
Banana Bread - 2 ea  
Celery Sticks - 4 fl oz  
Red Bean Salad - 2 fl oz  
Fruit Salad CHP - 4 fl oz

Monday, April 21

WG Chicken Patty  
*Veggie Burger*  
WG Hamburger Bun  
Steamed Carrots - 4 fl oz  
Red Bean Salad - 2 fl oz  
Orange Slices - 4 ea  
*Ketchup Packet*

Tuesday, April 22

Zesty BBQ  
Chicken Drumstick - 1 ea  
*Zesty BBQ Tofu - 2 slices*  
Brown Rice - 6 fl oz  
Peas - 4 fl oz  
Sweet Soy Slaw - 2 fl oz  
Apple Slices - 4 ea

Wednesday, April 23

WG Mostaccioli - 8 fl oz  
Garlic Green Beans - 4 fl oz  
Cherry Tomatoes - 2 fl oz  
Pear Slices - 4 slices

Thursday, April 24

Mojo Chicken - 2 oz  
*Greek Tomato Lentils - 4 fl oz*  
*w/ Brown Rice - 6 fl oz*  
WG Pita Bread - 1/2 ea  
Roasted Potatoes - 4 fl oz  
Cucumber Slices - 2 fl oz  
Melon - 4 fl oz

Friday, April 25

Sunbutter & Jelly  
Sandwich - 1 ea  
String Cheese - 1 ea  
Broccoli - 4 fl oz  
Chickpeas - 2 fl oz  
Fruit Salad CHP - 4 fl oz

Monday, April 28

Beef Hot Dog  
*Veggie Dog*  
WG Hot Dog Bun  
Baby Carrots - 4 fl oz  
Pickle Chips - 2 fl oz  
Orange Slices - 4 ea  
*Ketchup & Mustard Packet*

Tuesday, April 29

WG Chicken Nuggets - 5 ea  
*GF/DF/EF Veggie Nuggets*  
WG Bread Slice - 1 ea  
Green Beans - 4 fl oz  
Seasoned Black Beans - 2 fl oz  
Apple Slices - 4 ea  
*Ketchup Packet*

Wednesday, April 30

Turkey Tinga Quesadilla - 1 ea  
*Cheddar Quesadilla*  
Sweet Corn - 4 fl oz  
Jicama & Cucumber  
Relish - 2 fl oz  
Pear Slices - 4 ea

Thursday, May 1

Teriyaki Chicken - 2 oz  
*Teriyaki Tofu*  
(Not-so) Fried Rice - 6 fl oz  
Peas & Carrots - 4 fl oz  
Edamame - 2 fl oz  
Melon - 4 fl oz

Friday, May 2

Garlic & Herb  
Cheese Pizza - 1 ea  
Broccoli - 4 fl oz  
Marinara Dip - 2 fl oz  
Fruit Salad CHP - 4 fl oz

WG = Whole Grain  
Fruit Salad CHP = Cantaloupe/Honeydew/Pineapple

K-8  
Lunch



April 2025



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