

Monday

Tuesday

Wednesday

Thursday

Friday

<u>Monday, May 5</u> Cereal - 8 fl oz Orange Slices - 4 ea	<u>Tuesday, May 6</u> Blueberry Muffin - 1 ea Apple Slices - 4 ea	<u>Wednesday, May 7</u> WG English Muffin - 1 ea Sunbutter - 2 Tbsp Pear Slices - 4 ea	<u>Thursday, May 8</u> Apple Bread - 2 ea Melon - 4 fl oz	<u>Friday, May 9</u> Cereal - 8 fl oz String Cheese - 1 ea Fruit Salad CHP - 4 fl oz
<u>Monday, May 12</u> Cereal - 8 fl oz Orange Slices - 4 ea	<u>Tuesday, May 13</u> ChocoCrisp GrowBar - 1 ea Applesauce - 4 fl oz	<u>Wednesday, May 14</u> Zucchini Bread - 1 ea Pear Slices - 4 ea	<u>Thursday, May 15</u> Vanilla GrowYo - 4 fl oz Granola Crumble - 3 fl oz Melon - 4 fl oz	<u>Friday, May 16</u> Cereal - 8 fl oz Hard Boiled Egg - 1 ea Melon - 4 fl oz
<u>Monday, May 19</u> Cereal - 8 fl oz Applesauce - 4 fl oz	<u>Tuesday, May 20</u> WG English Muffin - 1 ea Sunbutter - 2 Tbsp Orange Slices - 4 ea	<u>Wednesday, May 21</u> Strawberry GrowYo - 4 fl oz Granola Crumble - 3 fl oz Apple Slices - 4 ea	<u>Thursday, May 22</u> Blueberry Lemon Bread - 2 ea Pineapple - 4 fl oz	<u>Friday, May 23</u> Cereal - 4 fl oz String Cheese - 1 ea Melon - 4 fl oz
<u>Monday, May 26</u> Cereal - 8 fl oz Pear Slices - 4 ea	<u>Tuesday, May 27</u> Cereal - 8 fl oz Orange Slices - 4 ea	<u>Wednesday, May 28</u> WG English Muffin - 1 ea Sunbutter - 2 Tbsp Applesauce - 4 fl oz	<u>Thursday, May 29</u> Strawberry GrowYo - 4 fl oz Granola Crumble - 3 fl oz Melon - 4 fl oz	<u>Friday, May 30</u> Apple Bread - 1 ea Melon - 4 fl oz

WG= Whole Grain  
CHP = Cantaloupe, Honeydew, Pineapple

# K-8 Cold Breakfast

## May 2025



**GOURMET  
GORILLA**

## Monday

## Tuesday

## Wednesday

## Thursday

## Friday

### Monday, May 5

Crispy Buffalo  
Chicken Patty - 1 ea  
*Veggie Burger*  
WG Hamburger Bun  
Steamed Carrots - 4 fl oz  
Celery - 2 fl oz  
Applesauce - 4 fl oz

### Tuesday, May 6

Jerk Glazed  
Chicken Meatballs - 3 ea  
*Jerk Tofu - 2 slices*  
Arroz Verde - 6 fl oz  
Peas - 4 fl oz  
Black Beans - 2 fl oz  
Pear Slices - 4 ea

### Wednesday, May 7

WG Elbow Noodles - 6 fl oz  
Homemade Cheese Sauce - 4 fl oz  
Broccoli - 4 fl oz  
Cherry Tomatoes - 2 fl oz  
Orange Slices - 4 ea

### Thursday, May 8

Red Pozole w/ Chicken - 8 fl oz  
*Vegetarian Red Pozole*  
Tortilla Chips - 10 ea  
Cabbage - 4 fl oz  
Red Pepper Strips - 2 fl oz  
Pineapple - 4 fl oz

### Friday, May 9

WG Bosco Sticks - 2 each  
Marinara Sauce - 4 fl oz  
Italian Chickpea Salad - 2 fl oz  
Melon - 4 fl oz

### Monday, May 12

Beef Burger w/ American Cheese  
*Veggie Burger*  
WG Hamburger Bun  
Steamed Carrots - 4 fl oz  
Pickle Chips - 2 fl oz  
Applesauce - 4 fl oz  
*Ketchup & Mustard Packet*

### Tuesday, May 13

Adobo Chicken - 2 oz  
*Adobo Tofu - 2 slices*  
Spanish Rice - 6 fl oz  
Corn Salad - 4 fl oz  
Seasoned Black Beans - 2 fl oz  
Pear Slices - 4 ea

### Wednesday, May 14

WG Pasta - 6 fl oz  
Tomato Cream Sauce - 3 fl oz  
Mozzarella Cheese - 1.5 oz  
Squash Medley - 4 fl oz  
Cherry Tomatoes - 2 fl oz  
Apple Slices - 4 ea

### Thursday, May 15

WG Chicken Nuggets - 5 ea  
*GF/DF/EF Veggie Nuggets*  
WG Bread Slice - 1 ea  
Broccoli - 4 fl oz  
Lemony Chickpea Salad - 2 fl oz  
Melon - 4 fl oz  
*Ketchup Packet*

### Friday, May 16

Scrambled Eggs - 2 fl oz  
WG Pancakes - 2 ea  
Breakfast Syrup - 1 ea  
Roasted Potatoes - 4 fl oz  
Cucumber Slices - 2 fl oz  
Fruit Salad CHP - 4 fl oz

### Monday, May 19

WG Chicken Patty  
*Veggie Burger*  
WG Hamburger Bun  
Steamed Carrots - 4 fl oz  
Red Bean Salad - 2 fl oz  
Orange Slices - 4 ea  
*Ketchup Packet*

### Tuesday, May 20

Zesty BBQ  
Chicken Drumstick - 1 ea  
*Zesty BBQ Tofu - 2 slices*  
Brown Rice - 6 fl oz  
Garlic Green Beans - 4 fl oz  
Sweet Soy Slaw - 2 fl oz  
Apple Slices - 4 ea

### Wednesday, May 21

WG Mostaccioli - 8 fl oz  
Peas - 4 fl oz  
Cherry Tomatoes - 2 fl oz  
Pear Slices - 4 slices

### Thursday, May 22

Mojo Chicken - 2 oz  
*Greek Tomato Lentils - 4 fl oz*  
*w/ Brown Rice - 6 fl oz*  
WG Pita Bread - 1/2 ea  
Roasted Potatoes - 4 fl oz  
Cucumber Slices - 2 fl oz  
Melon - 4 fl oz

### Friday, May 23

Tomato Pesto Pizza - 1 ea  
Broccoli - 4 fl oz  
Chickpeas - 2 fl oz  
Fruit Salad CHP - 4 fl oz

### Monday, May 26

Beef Hot Dog  
*Veggie Dog*  
WG Hot Dog Bun  
Baby Carrots - 4 fl oz  
Pickle Chips - 2 fl oz  
Appleberry Sauce - 4 fl oz  
*Ketchup & Mustard Packet*

### Tuesday, May 27

WG Chicken Nuggets - 5 ea  
*GF/DF/EF Veggie Nuggets*  
WG Bread Slice - 1 ea  
Sweet Corn - 4 fl oz  
Chickpeas - 2 fl oz  
Applesauce - 4 fl oz  
*Ketchup Packet*

### Wednesday, May 28

WG Pasta - 6 fl oz  
Tomato Cream Sauce - 3 fl oz  
Mozzarella Cheese - 1.5 oz  
Green Beans - 4 fl oz  
Italian Chickpea Salad - 2 fl oz  
Apple Slices - 4 ea

### Thursday, May 29

BBQ Chicken  
Pineapple Pizza - 1 ea  
*Garlic Herb Cheese Pizza*  
Broccoli - 4 fl oz  
Celery Sticks - 2 fl oz  
Pineapple - 4 fl oz

### Friday, May 30

Turkey Bibimbop - 2 oz  
*(not-so) Fried Tofu - 2 slices*  
*(not-so) Fried Rice - 6 fl oz*  
Cucumber Slices - 4 fl oz  
Baby Carrots - 2 fl oz  
Fruit Salad CP - 4 fl oz

WG = Whole Grain  
Fruit Salad CHP = Cantaloupe/Honeydew/Pineapple

**K-8  
Lunch**

**May 2025**

\*Two types of milk offered with each meal  
\*\*This company is an equal opportunity employer