CHES Breakfast Menu

November 2026

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 **Lemon Poppyseed Bread** • Applesauce • Orange Tangerine Juice Box	**3** **Corn Flakes** • Orange • String Cheese	**4** **Vanilla Yogurt • Granola Crumble** • Apple	**5** **Toasted Oats Cereal** • Pineapple • Banana	**6** **Banana Bread** • Pear
9 **WG Bagel** • Orange • Cream Cheese	**10** **Toasted Oats Cereal** • Appleberry Sauce • Juice Box	**11** **English Muffin** • Pear • Grape Jelly	**12** **Blueberry Muffin** • Honeydew • Banana	**13** **Corn Flakes** • Apple • String Cheese
16 **Banana Cinnamon Bread** • Orange	**17** **Corn Flakes** • Applesauce • Orange Tangerine Juice Box	**18** **Pumpkin Bread** • Apple	**19** **Peach GrowYo • Granola Crumble** • Pear	**20** **Toasted Oats Cereal** • Honeydew • Banana
23 **Crispy Rice Cereal** • Applesauce • Orange Tangerine Juice Box	**24** **Cranberry Bread** • Orange	**25** **WG Bagel** • Apple • Cream Cheese	**26** **Apple Bread** • Banana • Honeydew	**27** **Toasted Oats Cereal** • Apple
30 **Corn Flakes** • Orange • String Cheese				

WG = Whole Grain • Daily choice of milk available

CHES Lunch Menu

November 2026

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 **Beef Burger & American Cheese** • Hamburger Bun • Corn • Pickle Chips • Orange Slices • Ketchup • Mustard	**3** **Chicken Nuggets** • WG Bread • Carrot Coins • Celery • Applesauce • Ketchup • Ranch	**4** **WG Chili Mac** • WG Tortilla Chips • Broccoli • Red Pepper Strips • Pear Slices • Ranch	**5** **Pozole** • Black Beans • Green Cabbage • Lime • Pineapple	**6** **BBQ Chicken Wrap** • Baby Carrots • Cucumber Slices • Cantaloupe • Ranch
9 **WG Buffalo Chicken Patty** • Hamburger Bun • Green Beans • Celery • Applesauce • Ranch	**10** **Mac & Cheese** • WG Tortilla • Carrot Coins • Green Pepper Strips • Pear Slices • Taco Sauce	**11** **Chicken Tinga** • Black Beans • Corn • Apple Slices • Ranch • Shredded Cheddar	**12** **Three Bean Chili** • WG Garlic & Herb Breadstick • Broccoli • Baby Carrots • Cantaloupe • Ranch	**13** **Chicken Salad Sandwich** • Baby Carrots • Cucumber Slices • Fruit Salad • Ranch
16 **Hot Honey Chicken** • Hamburger Bun • Carrot Coins • Celery • Applesauce • Ranch	**17** **Chicken Nuggets** • WG Bread • Three Bean Salad • Green Beans • Apple Slices • Ketchup	**18** **Penne Marinara** • WG Garlic & Herb Breadstick • Broccoli • Pear Slices	**19** **Roasted Turkey & Gravy** • Mashed Potatoes • Green Beans • Fruit Salad	**20** **WG Turkey Mozz Sandwich** • Lemony Chickpea Salad • Cucumber Slices • Orange Tangerine Juice Box • Mayo Packet • Ranch
23 **WG Chicken Patty** • Hamburger Bun • Carrot Coins • Celery • Orange Slices • Ketchup • Ranch	**24** **Creamy Tomato Rotini** • Cornbread • Brown Rice • Squash Medley • Applesauce • Ranch	**25** **BBQ Chicken** • Brown Rice • Baby Carrots • Roasted Potatoes • Watermelon	**26** **Peri Peri Chicken** • Corn • Seasoned Black Beans • Pineapple • Ranch	**27** **Cajun Chicken** • Hamburger Bun • Broccoli • Seasoned Black Beans • Juice Box • Ranch
30 **WG Cheddar Cheese Quesadilla** • Salsa • Corn • Applesauce				

WG = Whole Grain • VEG = Vegetarian option • GF = Gluten-Free